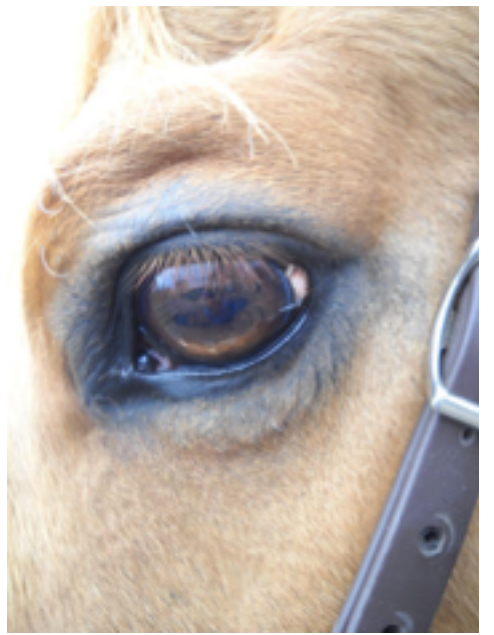




UNBRIDLED

Release. Receive. Reconnect.

Have you ever experienced the magic of horses?

Would you allow yourself to receive from them, nature, the earth?

Have you been longing to reconnect with yourself and release what's weighing you down?

What if you could spend a day going deep, cultivating a greater sense of peace, space, personal pleasure, fulfillment, and a willingness to PLAY with whatever shows up?

This unmounted horse-based personal development experience invites you to all of of this and more...

- Explore yourself deeply in the presence and witness of horses
- Learn tools to enhance individual grounding and connection with the earth
- Practice techniques for releasing trauma, limitation, and expanding beyond what's not working in your life
- Have fun!

WHEN: Saturday, June 4, 2016 ~ 10am - 4pm

WHERE: 2851 Old Fort, Black Mountain, NC

COST: \$175/person (lunch will be served)

CONTACT:

Lee Anderson - (828) 669-2160 | Marianne Redmond - (828) 582-8907 | Rebecca Boswell - (518) 391-0484

Your Facilitators



Is this the *something different* you have been asking for?